

# Pendeen News

## Welcome to our new receptionists...



Suzanne

This month we welcomed our two new receptionists to Pendeen Surgery, Suzanne who some of you may remember from Barclays bank Suzanne lives in Ross with her husband and two children and Rebecca who as well as working at Pendeen is a school teaching assistant near Monmouth, Rebecca also lives locally in Ross with her partner.



Rebecca

### FIREARMS LICENCE REQUESTS

The Criteria for Firearms Licence has recently changed and is creating significantly more work for Practices. A report is now required, the fee for this report is payable by the patient. Please allow extra time for these reports to be completed and feel free to speak to one of our receptionists for more information and the cost involved.

### Shingles Vaccination

The shingles vaccine is given as a single injection. Unlike the flu jab, you'll only need to have the vaccination once and you can have it at any time of the year. You will receive a letter inviting you for a vaccination when you are eligible.

### Pneumonia Vaccination

This vaccination is available to anyone aged 65 or over, who has not previously been vaccinated against pneumonia.

The vaccine can be given at the same time as your annual flu vaccination. Please speak to a receptionist or your nurse, if you need to check if you have had the vaccination.

### FLU VACCINATION

Pendeen held 3 Saturday morning flu clinics (the first 3 Saturday's in October) we had a brilliant turnout with over 1200 patients coming along for their annual flu jab.

Patients who didn't attend one of these clinics and are eligible for a vaccination should speak to a receptionist to book in to one of the mini clinics held during the next few weeks or you can ask your doctor during a routine appointment.

If you,  
are 65 years of age or over  
or are Pregnant  
or you have a chronic disease  
or have a weakened immune system

you are eligible for a free flu vaccination!  
Children aged 2,3 and 4 are eligible for a nasal vaccination (fluenze)

The next blood donor sessions are at the Larruperz centre, Ross on Wye on  
Wednesday 2nd December 13.00- 15.30 / 16.30- 18.45

Save a life  
- give blood



Visit [blood.co.uk](http://blood.co.uk)  
or call 0300 123 23 23

NHS  
Blood and Transplant



For more information visit  
[www.blood.co.uk](http://www.blood.co.uk) or call  
0300 123 23 23



## CHANGES TO ORDERING PRESCRIPTIONS



We will be changing the way in which you can order your repeat prescriptions. We'll be asking you to order your medicines either in writing, or electronically.

We are doing this to improve the accuracy and safety of repeat prescription ordering, and this will bring us into line with national prescribing recommendations.

You can order repeat prescriptions in several ways:

- By completing the re-order slip given to you when you collected your last prescription and posting or dropping this to the surgery with your requested medication ticked.
- Sending in a written request for the items you require
- By logging onto the Pendeen Surgery website [www.pendeensurgery.nhs.uk](http://www.pendeensurgery.nhs.uk) You will need your personal log in details to do this and will need to provide photograph ID to obtain your log in details. Please ask staff for more information or help to set this up.
- Some pharmacies also offer an ordering service. If this is of interest to you, please speak to the relevant pharmacy for their form.

**From 18th January we are no longer able to offer a telephone repeat prescription ordering service except for those few patients who are housebound and unable to utilise any of the above methods of ordering.**

Please pick up a copy of our PRESCRIPTIONS leaflet and speak to any member of staff if you have any questions or need more information.

What to do if you need to see a doctor over the festive period?

### OPENING HOURS FOR PENDEEN SURGERY

The surgery will be open on  
Monday 21st until Thursday 24th December 2015 &  
Tuesday 29th until Thursday 31st December 2015

### OPENING HOURS FOR TAURUS HEALTHCARE

(at Pendeen hub) Saturday 26th December, Sunday 27th  
December,

Monday 28th December, Friday 1st January, Saturday 2nd  
January, Sunday 3rd January (10am to 2pm)

You can now call them direct to book an appointment on:

**0800 121 7221**

(Taurus will also be operating at  
Wargrave House, Hereford over the  
festive period 8am until 8pm)



### Keeping up to date with the Doctors

**Dr Leeman** Monday to Thursday and every other Friday

**Dr King** Tuesday, Wednesday and Friday

**Dr Bathurst** Monday, Tuesday, Wednesday and Thursday morning

**Dr Cadbury** Monday, Tuesday and every other Friday

**Dr Jackson** Wednesday, Thursday and Friday

**Dr Das** Thursday

**Dr McCarthy** Monday, Tuesday & Friday

**Dr Kemi (GP Registrar)** Monday, Tuesday and Friday all day. Wednesday and Thursday mornings

From the Doctors and Staff at Pendeen Surgery we wish you a very Merry Christmas and a Happy and Healthy New Year