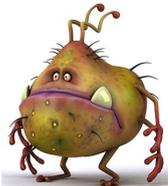


Pendeen News



**Flu
Season
Ahead**



FLU VACCINATIONS

You are eligible for a **free** flu vaccination if you are :

- 65 years of age or over
- or are Pregnant
- or you have a chronic disease
- or have a weakened immune system



Children aged 2,3 and 4 are eligible for a nasal vaccination (Fluenz)

Please speak to a receptionist to book into one of the mini clinics held during the next few weeks.

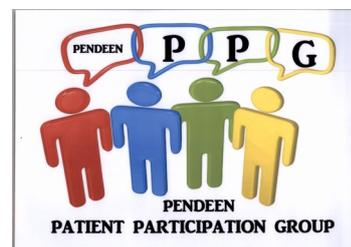
Shingles Vaccination

The shingles vaccine is given as a single injection. Unlike the flu jab, you'll only need to have the vaccination once and you can have it at any time of the year. The shingles vaccine is expected to reduce your risk of getting shingles. You will receive a letter inviting you for a vaccination when you are eligible. There is a rolling programme in place to ensure everyone over the age of 70 is invited in the next few years. If you are unsure, you can ask at reception to check your eligibility.

Pendeen Patient Participation Group

Join the surgery's Patient Participation Group to have your say on how the surgery is run, and find out more information.

The next meeting will be Monday 2nd October. If you would like to attend please contact ppg.pendeensurgery@nhs.net or ask at reception for Becky Telford.



Pneumonia Vaccination

This vaccination is available to anyone aged 65 or over, who has not previously been vaccinated against pneumonia.

The vaccine can be given at the same time as your annual flu vaccination. Please speak to a receptionist or your nurse, if you need to check if you have had the vaccination.

Staff news

Pendeen Surgery would like to say a HUGE THANK YOU to everyone who came along to support our Macmillan Coffee Morning! Your fantastic support and overwhelming generosity helped us raise a MASSIVE £376.97!!

From cute owl cupcakes to scrummy, gluten free carrot cake, we had lots of delicious cakes and bakes for you all. Pendeen Surgery Is completely overwhelmed to have such terrific support from all of our patients and we would like to take this opportunity to thank everyone!



We would also like to welcome two new receptionists to the Pendeen team! Jess Bailey and Cathy Skidmore. Both Jess and Cathy will be working three days a week on reception. Welcome Jess and Cathy!



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